

# PARTICIPATION WAIVER

(print up to two names/birthdates below for children of the SAME parent or legal guardian):

<b>Participant 1:</b> First Name		Last Name		Birthdate	
<b>Participant 2:</b> First Name		Last Name		Birthdate	
<b>Parent/Guardian/Participant (if over 18):</b> First Name			Last Name		Birthdate
Street Address	Apt. #	City	Province	Postal Code	
Cell Phone	Emergency Contact Number			Email	

## Participant Agreement, Release and Assumption of Risk

### Terms and Conditions

WAIVER AND RELEASE: I fully recognize the risks of injury inherent in participating in any fitness or martial arts program, and I represent to Taekwondo Manitoba that I have taken all reasonable steps to determine, and hereby warrant, that I am in good health and physically capable of participating in the programs and courses of instruction offered by Taekwondo Manitoba. I acknowledge that Taekwondo Manitoba shall make no, and shall have no responsibility to make any independent evaluation of our physical health or fitness. I understand and agree that all participation in any such fitness program or use of Taekwondo Manitoba's facilities or equipment on or off the premises of Taekwondo Manitoba shall be at my own risk. I hereby release, indemnify, and hold harmless Taekwondo Manitoba and its officers, directors, employees and agents, from and against any and all claims, demands, damages, costs and liabilities of any kind or nature to myself or of any person or persons who become entitled to use the facilities of Taekwondo Manitoba by virtue of my membership. I understand and agree that Taekwondo Manitoba shall not be responsible for the conduct of other users of Taekwondo Manitoba or its facilities or equipment, or participants in Taekwondo Manitoba off-premises programs, or for any injury or damage to property resulting from such conduct, and I shall not bring any action or proceeding against Taekwondo Manitoba for any payment compensation or claim for any injury caused by any such user.

**Parent/Legal Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_